


Breakfast & Lunch
Menu



EHS, AMMS and EES
September 2025



September

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day Holiday 1	Breakfast Steak Biscuit/ Grits Fruit Lunch Chicken Parmesan/Pasta or Pizza Green Beans Roll/ Romaine Salad w/Dressing 2	Breakfast Sausage Biscuit Fruit Lunch Beef Nachos on Chips/Salsa or Quesadilla Pinto Beans Romaine Salad w/Dressing 3	Breakfast Ham & Cheese Croissant Fruit Lunch Cheesy Chicken or Hot Dog Rice Steamed Broccoli/ Roll 4	Breakfast Scrambled Eggs/Hashbrowns Fruit Lunch Chicken Bites or Deli Hoagie Sweet Potato Baby Lima Beans/ Roll 5
Breakfast Breakfast Pizza Fruit Lunch Meatball Sub or Breaded Chicken Sandwich Sweet Potato Fries/Green Beans 8	Breakfast Ham Biscuit Fruit Lunch Oven Fried Chicken or Deli Hoagie Cabbage/ Blackeyed peas Cornbread 9	Breakfast Cheese Toast/ Sausage link Fruit Lunch Salisbury Steak/ gravy or Pizza Butter Beans/ Creamed Potatoes Romaine Salad w/Dressing/ Roll 10	Breakfast Waffle Sticks w/Syrup Fruit Lunch BBQ Potato/with cheese or Cheeseburger Baked Potato/ Broccoli Roll 11	Breakfast Sausage Biscuit Fruit Lunch Chicken Tenders or Hot Pocket Rice/ English Peas and Carrots Romaine Salad w/Dressing 12
Staff Planning/ Development Day 15	Breakfast Chicken Biscuit Fruit Lunch Fajita Chicken Wrap/Salsa or Pizza Crunchers Black Beans Romaine Salad w/Dressing 16	Breakfast Mini Pancakes Fruit Lunch Spaghetti w/Meat Sauce or Hot Dog Green Beans Garlic Toast Romaine Salad w/Dressing 17	Breakfast Cinna-Minis Fruit Lunch Chicken Bites or Cheeseburger Mac and Cheese Glazed Carrots Roll 18	Breakfast Scrambled Eggs/Hashbrowns Fruit Lunch Crispito (2) w/ Cheese Dip/Salsa or PB&J Uncrustable Pinto Beans, Corn Romaine Salad w/Dressing 19
Breakfast Mini French Toast Fruit Lunch Country Steak w/Gravy or Chicken Sandwich Creamed Potatoes Green Beans/Roll 22	Breakfast Cherry Strudel Stick Fruit Lunch Sweet & Sour Chicken Deli Hoagie Fried Rice/English Peas Stir Fry Veggies/ Roll 23	Breakfast Sausage Biscuit Fruit Lunch BBQ Chicken or Corn Dog Bites Turnip Greens Black-eyed Peas/ Cornbread 24	Breakfast Breakfast Burrito Fruit Lunch Steak Fingers or Pizza Sweet Potato Fries Corn/Roll Romaine Salad 25	Breakfast Breakfast pancake on a Stick Fruit Lunch Cheeseburger or Quesadilla French Fries Baked Beans Animal Crackers 26
Breakfast Cheese Omelet Fruit Lunch Hot Ham & Cheese Hoagie Breaded Chicken Sandwich Broccoli w/Cheese Baked Beans 29	Breakfast Chicken Biscuit Fruit Lunch Hamburger Steak w/Gravy or Pizza Cream Potatoes/Glazed Carrots/Roll 30		Available daily:  Milk with Breakfast and Lunch Fruit served daily with Breakfast and Lunch	

